



**AL ANSAAR**  
THE HELPERS

ON THE BASIS OF THESE TWO HADITHS THE SCHOLARS AND PEOPLE OF TARIM REPEAT THE FOLLOWING DUA THROUGHOUT THE MONTH OF RAMADAN:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ نَسْتَغْفِرُ اللَّهَ  
نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ بِكَ مِنَ النَّارِ (3)

ASHADU ALLA ILAHA ILLALLAH,  
NASTAGHFIRULLAH,  
NAS'ALUK'L-JANNATA WA NA'UDHU  
BIKA MIN AN-NAR

"I TESTIFY THAT THERE IS NOTHING WORTHY OF WORSHIP OTHER THAN ALLAH AND WE SEEK THE FORGIVENESS OF ALLAH. WE ASK YOU FOR PARADISE AND TAKE REFUGE IN YOU FROM THE FIRE."  
(3 TIMES)

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ  
فَاعْفُ عَنَّا (3) يَا كَرِيم

ALLAHUMMA INNAKA 'AFUWUN  
TUHIBBU-L'AFWA F'AFWA 'ANNA

"O ALLAH, TRULY YOU ARE ALL-PARDONING, YOU LOVE TO PARDON SO PARDON US" (3 TIMES). ON THE THIRD TIME SAY "O MOST GENEROUS" (YA KARIM)

### DUA FOR SUHOOR

وَبِصَوْمِ غَدٍ نَّوَيْتُ مِنْ شَهْرِ رَمَضَانَ

I HAVE INTENDED TO FAST FOR THE COMING DAY, IN THE MONTH OF RAMADAN

### DUA FOR IFTAR

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ  
وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

YA ALLAH, I FASTED FOR YOU AND I HAVE FAITH IN YOU AND I PUT MY TRUST IN YOU AND I DO IFTAR WITH THE SUSTENANCE GIVEN BY YOU



ALANSAAROXFORD

# 1447 - 2026 RAMADAN

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OXFORD

No	Day	Feb/ Mar	Suhoor Fajr	Sunrise	Zuhr Begins	Asr Awwal	Asr Thani	Iftar Magrib	Isha Begins
<b>DAYS OF MERCY</b>									
1	Thu	19	5.19	7.11	12.20	2.55	3.37	5.27	7.20
2	Fri	20	5.17	7.09	12.20	2.57	3.38	5.29	7.21
3	Sat	21	5.15	7.07	12.20	2.58	3.40	5.31	7.23
4	Sun	22	5.13	7.05	12.20	3.00	3.42	5.33	7.25
5	Mon	23	5.11	7.03	12.20	3.01	3.43	5.35	7.26
6	Tue	24	5.09	7.01	12.20	3.02	3.45	5.36	7.28
7	Wed	25	5.07	6.59	12.19	3.04	3.46	5.38	7.30
8	Thu	26	5.05	6.56	12.19	3.05	3.48	5.40	7.32
9	Fri	27	5.03	6.54	12.19	3.06	3.50	5.42	7.33
10	Sat	28	5.01	6.52	12.19	3.07	3.51	5.44	7.35
<b>DAYS OF FORGIVENESS</b>									
11	Sun	1	4.59	6.50	12.19	3.09	3.53	5.45	7.37
12	Mon	2	4.56	6.48	12.18	3.10	3.54	5.47	7.39
13	Tue	3	4.54	6.46	12.18	3.11	3.56	5.49	7.41
14	Wed	4	4.52	6.43	12.18	3.12	3.57	5.51	7.42
15	Thu	5	4.50	6.41	12.18	3.14	3.59	5.52	7.44
16	Fri	6	4.47	6.39	12.18	3.15	4.00	5.54	7.46
17	Sat	7	4.45	6.37	12.17	3.16	4.02	5.56	7.47
18	Sun	8	4.43	6.35	12.17	3.17	4.03	5.58	7.50
19	Mon	9	4.40	6.32	12.17	3.18	4.05	5.59	7.52
20	Tue	10	4.38	6.30	12.17	3.20	4.06	6.01	7.54
<b>DAYS OF LIBERATION FROM HELL</b>									
21	Wed	11	4.36	6.28	12.16	3.21	4.08	6.03	7.55
22	Thu	12	4.33	6.26	12.16	3.22	4.09	6.05	7.57
23	Fri	13	4.31	6.23	12.16	3.23	4.11	6.06	7.59
24	Sat	14	4.28	6.21	12.15	3.24	4.12	6.08	8.01
25	Sun	15	4.26	6.19	12.15	3.25	4.14	6.10	8.03
26	Mon	16	4.23	6.16	12.15	3.26	4.15	6.12	8.05
27	Tue	17	4.21	6.14	12.15	3.27	4.16	6.13	8.07
28	Wed	18	4.18	6.12	12.14	3.28	4.18	6.15	8.09
29	Thu	19	4.16	6.10	12.14	3.30	4.19	6.17	8.11
30	Fri	20	4.13	6.07	12.14	3.31	4.21	6.18	8.13
<b>EID UL FITR &amp; SHAWWAL (6 FASTS)</b>									
1 EID	Sat	21	4:11	6:05	12:13	3:32	4:22	6:20	8:15
2	Sun	22	4:08	6:03	12:13	3:33	4:23	6:22	8:17
3	Mon	23	4:05	6:00	12:13	3:34	4:25	6:24	8:19
4	Tue	24	4:03	5:58	12:12	3:35	4:26	6:25	8:21
5	Wed	25	4:00	5:56	12:12	3:36	4:27	6:27	8:23
6	Thu	26	3:57	5:53	12:12	3:37	4:28	6:29	8:25
7	Fri	27	3:55	5:51	12:12	3:38	4:30	6:30	8:28

PLEASE NOTE: IT IS RECOMMENDED TO CLOSE YOUR FAST 10MINS BEFORE FAJR START TIME. DATES ARE SUBJECT TO MOON SIGHTING