



**AL ANSAAR**  
THE HELPERS

ON THE BASIS OF THESE TWO HADITHS THE SCHOLARS AND PEOPLE OF TARIM REPEAT THE FOLLOWING DUA THROUGHOUT THE MONTH OF RAMADAN:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ نَسْتَغْفِرُ اللَّهَ  
نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ بِكَ مِنَ النَّارِ (3)

ASHADU ALLA ILAHA ILLALLAH,  
NASTAGHFIRULLAH,  
NAS'ALUK'L-JANNATA WA NA'UDHU  
BIKA MIN AN-NAR

"I TESTIFY THAT THERE IS NOTHING WORTHY OF WORSHIP OTHER THAN ALLAH AND WE SEEK THE FORGIVENESS OF ALLAH. WE ASK YOU FOR PARADISE AND TAKE REFUGE IN YOU FROM THE FIRE."  
(3 TIMES)

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ  
فَاعْفُ عَنَّا (3) يَا كَرِيم

ALLAHUMMA INNAKA 'AFUWUN  
TUHIBBU-L'AFWA F'AFWA 'ANNA

"O ALLAH, TRULY YOU ARE ALL-PARDONING, YOU LOVE TO PARDON SO PARDON US" (3 TIMES). ON THE THIRD TIME SAY "O MOST GENEROUS" (YA KARIM)

### DUA FOR SEHRI

وَبِصَوْمٍ غَدٍ نَّوَيْتُ مِنْ شَهْرِ رَمَضَانَ

I HAVE INTENDED TO FAST FOR THE COMING DAY, IN THE MONTH OF RAMADAN

### DUA FOR IFTARI

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ آمَنْتُ  
وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

YA ALLAH, I FASTED FOR YOU AND I HAVE FAITH IN YOU AND I PUT MY TRUST IN YOU AND I DO IFTAR WITH THE SUSTENANCE GIVEN BY YOU



ALANSAAROXFORD

# 1445 - 2024 RAMADAN

WWW.ALANSAAR.CO.UK

OXFORD

No	Day	Mar/ Apr	Sehri Fajr	Sunrise	Zuhr Begins	Asr Awwal	Asr Thani	Iftari Magrib	Isha Begins
<b>DAYS OF MERCY</b>									
---	Mon	11	-----	-----	-----	-----	-----	6:04	7:23
1	Tue	12	4:33	6:25	12:16	3:22	4:10	6:06	7:25
2	Wed	13	4:31	6:22	12:16	3:24	4:11	6:07	7:26
3	Thu	14	4:28	6:20	12:15	3:25	4:13	6:09	7:28
4	Fri	15	4:26	6:18	12:15	3:26	4:14	6:11	7:30
5	Sat	16	4:23	6:15	12:15	3:27	4:16	6:12	7:32
6	Sun	17	4:21	6:13	12:14	3:28	4:17	6:14	7:34
7	Mon	18	4:18	6:11	12:14	3:29	4:18	6:16	7:36
8	Tue	19	4:16	6:08	12:14	3:30	4:20	6:18	7:37
9	Wed	20	4:13	6:06	12:14	3:31	4:21	6:19	7:39
10	Thu	21	4:10	6:04	12:13	3:32	4:23	6:21	7:41
<b>DAYS OF FORGIVENESS</b>									
11	Fri	22	4:08	6:02	12:13	3:33	4:24	6:23	7:43
12	Sat	23	4:05	5:59	12:13	3:34	4:25	6:24	7:45
13	Sun	24	4:02	5:57	12:12	3:35	4:27	6:26	7:47
14	Mon	25	4:00	5:55	12:12	3:36	4:28	6:28	7:49
15	Tue	26	3:57	5:52	12:12	3:37	4:29	6:30	7:51
16	Wed	27	3:54	5:50	12:11	3:38	4:30	6:31	7:53
17	Thu	28	3:51	5:48	12:11	3:39	4:32	6:33	7:55
18	Fri	29	3:49	5:45	12:11	3:40	4:33	6:35	7:56
19	Sat	30	3:46	5:43	12:10	3:41	4:34	6:36	7:58
20	Sun	31	4:43	6:41	1:10	4:42	5:35	7:38	9:00
<b>DAYS OF LIBERATION FROM HELL</b>									
21	Mon	1	4:40	6:39	1:10	4:43	5:37	7:40	9:02
22	Tue	2	4:37	6:36	1:10	4:44	5:38	7:41	9:04
23	Wed	3	4:35	6:34	1:09	4:44	5:39	7:43	9:06
24	Thu	4	4:32	6:32	1:09	4:45	5:40	7:45	9:08
25	Fri	5	4:29	6:30	1:09	4:45	5:42	7:46	9:11
26	Sat	6	4:26	6:27	1:08	4:47	5:43	7:48	9:13
27	Sun	7	4:23	6:25	1:08	4:48	5:44	7:50	9:15
28	Mon	8	4:20	6:23	1:08	4:49	5:45	7:52	9:17
29	Tue	9	4:17	6:21	1:08	4:50	5:46	7:53	9:19
30	Wed	10	4:14	6:18	1:07	4:50	5:48	7:55	9:21
<b>EID UL FITR &amp; SHAWWAL (6 FASTS)</b>									
1	EID Thu	11	4:11	6:16	1:07	4:51	5:49	7:57	9:23
2	Fri	12	4:08	6:14	1:07	4:52	5:50	7:58	9:25
3	Sat	13	4:05	6:12	1:07	4:53	5:51	8:00	9:27
4	Sun	14	4:02	6:10	1:06	4:54	5:52	8:02	9:30
5	Mon	15	3:58	6:07	1:06	4:54	5:53	8:03	9:32
6	Tue	16	3:55	6:05	1:06	4:55	5:54	8:05	9:34
7	Wed	17	3:52	6:03	1:06	4:56	5:56	8:07	9:36

PLEASE NOTE: IT IS RECOMMENDED TO CLOSE YOUR FAST 10MINS BEFORE FAJR START TIME. DATES ARE SUBJECT TO MOON SIGHTING